

## 5th Sunday in Ordinary Time

I will read a letter for you from Bishop Johnston, and I'll make a few remarks at the end.

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Many adults succumb to the attraction of pornography in spite of its dangers to their own spiritual lives, their marriage and their parenting abilities. Many have an addiction to porn without acknowledging it. Today our diocese is promoting two local initiatives: the [My House 3-Day Intensive Workshop for Men](#) and the [Restoring Emotional Wholeness Workshop for Women](#). This also happens to be World Marriage Sunday. I thank the married couples in our community for their witness of love and sacrifice. Those interested in enriching, healing or strengthening their marriages will find opportunities through local events such as the [Marriage Encounter Weekend](#), the [Retrouvaille Weekend](#), and the [Light-Life Married Couples Retreat](#). I commend all of you for keeping Sunday mass the anchor of your spiritual lives. Let's all look for additional ways to deepen our faith and live the demands of the gospel.

Sunday, February 9, 2020