

Christians regard today's psalm as a prophecy of the resurrection of Christ. One of the verses is, "the eyes of the Lord are upon those who hope for his kindness, to deliver them from death." We use this psalm today because Jesus says in the gospel he came to give his life as a ransom for many. God calls upon each of us to sacrifice ourselves for others – for our families, our enemies, and even for those yet to be born.

However we die for others, God will deliver us.